



Behold, he cometh with the clouds,  
and every eye shall see him, and they  
also that pierced him. And all the tribes of  
the earth shall bewail themselves because of him.  
Even so. Amen.  
I am Alpha and Omega, the beginning and the end,  
saith the Lord God, who is, and who was,  
and who is to come, the Almighty.

Revelation 1:7–8

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## Listen to your inner voice – your body is a temple of God

09/04/2021

### Father God, Jesus Christ, Mother Mary

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#### Jesus Christ

Thank you, my daughter Fernanda, for sitting with me, your Jesus Christ, my Father God, the Holy Spirit and my Blessed Mother Mary, for being here with us to converse after a long absence in our conversations.

Oh my Petal, your body, your hand, is still shaking – you are still not well. We, the Triune God and my Blessed Mother, we have been with you these past few days, almost a week, as your body couldn't function anymore. It was out of your control, your system completely shut down, not by your power or desire, but by us here in heaven.

#### Father God

I, your Heavenly Father God, I am here with you.

My little lamb, your mind still wanted to carry on, but your bodily function was switched off completely. We here in heaven allowed this interruption for a while. My little lamb, we, the Triune God, have been saying for a long time that you are completely over-tired, exhausted, but you carry on like a machine, a robot, nonstop.

My little lamb, my Son Jesus had to go out to the desert to pray and to rest as he needed the connection between God, his Heavenly Father, to be able to give the necessary tools to my people for them to carry on with this heavy task. My little lamb, there is a time, a limit, for my servants to work for my Son Jesus' harvest. There is so much help needed to help this world in dismay, disarray, but my child, there is a time to fertilise the ground to be planted with good seeds and for the bad seeds to be removed, and my Son Jesus has to let you go free from the bad weeds.

#### Jesus Christ

My little one, my Blessed Mother, she is also here in our dialogue.

#### Mother Mary

My little one, Andorinha<sup>1</sup>, you have been feeling over-emotional, not being able to sit and have a proper conversation with our Triune God and me. You will remain the same humble servant of Jesus Christ. Yes my little Andorinha, our Petal, little rose, little *florzinha*<sup>2</sup>, humble servant, my little child, humble servant (here in heaven we call you by these names), you have been in a dry land. You

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<sup>1</sup> Portuguese to English translation: Swallow

<sup>2</sup> Portuguese to English translation: little flower

couldn't pray and did not know what was what happening in your little body. All these little angels, earthly ones, were sent to you for you to have some comfort and to ease your pains. My little angels are surrounding you and securing your daily life.

You have been under attack. You have tried to be strong, never showing [weakness] in your surroundings. My little Andorinha, giving yourself for others is a sacrifice of yourself, but we see you are trying your best to rewind and refrain from further commitments. Our Father God, my Son Jesus, our Blessed Mother, we have been compassionate, but we, my Son Jesus Christ, know till what point you can carry on. You need to listen to your inner voice – your body is a temple of God.

My little lamb, I see your desire to be healed, to carry on the work of God, but you are too busy in your own world. You need to rest for your own good. Yes, this it had to be done according to my will. Soon, you will be completely healed, my little one.

### **Jesus Christ**

My little one, I, your Jesus Christ, I came at this hour also to let you know that you are coming closer to something bigger for me, your Jesus Christ, but you are still needed to help my children. You still have lots of work to do, but my little one, you need to compensate your physical body with energy and strength to carry your mission. Rest – this is the time given to you that you will take. Listen to my instruments given to you from us here in heaven. I have sent you many prayer warriors and helpers, a special Dr Paul placed at your side, and for financial help my devoted children Charles and his spouse for all your financial help, needs. These are graces and graces from heaven.

I let you go and rest in my arms. Do not worry about the prayers. You will be able to catch them up again. Listen to all these, my earthly angels sent to you from heaven – Alice, Claudia, Raquel, Kate, etc., prayer warriors on this journey, all my newcomers and each one of the members of this mission who are praying for your speedy recovery. My son priest Father Joseph placed all the petitions at the altar and also prayed for you. We authorised all these trembles and prayers that come from heaven above.

We, the Father, the Son and the Holy Spirit and Blessed Mother, we come with our messages directly to you in unison of voice. Yes my little parrot, we do miss you, our conversations, very much but we had to allow this standstill for your slow recovery. You will be healed in my holy name in my own time. Suffering in my servants, servants of God, that work our fields is part of a purification for the mind, soul and spirit. Amen.

We give you our peace, our peace we give you, your loved ones and all my children. Amen.

[Fernanda] *I love you.*

### **Mother Mary**

Thank you for responding to my call.

[Fernanda] *Thank you, my Holy Trinity and my Blessed Mother Mary. I love you. Sua bênção<sup>3</sup>.*

### **Jesus Christ**

♥ Our heart from heaven. Amen.

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<sup>3</sup> Portuguese to English translation: Your blessing